



RECORDS SET As of 22 MAR 2024

Record Type	Event	Phase	Date	Athlete / Team	NOC Code	Wind	Result
AF	Mixed 4 x 400m Relay	Final	19 MAR	NGR - NIGERIA	NGR		3:13.26
GR	Men's 4 x 400m Relay	Final	22 MAR	ZAM - ZAMBIA	ZAM		2:59.12
	Women's 1500m	Final	22 MAR	HIRUT MESHESHA Mero	ETH		4:05.71
	Women's 3000m Steeplechase	Final	20 MAR	CHEPKOECH Beatrice	KEN		9:15.61
	Women's Pole Vault	Final	19 MAR	MIRÉ Reinstorf	RSA		4.35
	Women's Hammer Throw	Final	19 MAR	ZAHRA Tatar	ALG		69.65
	Women's Javelin Throw	Final	20 MAR	JO-ANE Van Dyk	RSA		60.80
NR	Women's Hammer Throw	Final	19 MAR	ZAHRA Tatar	ALG		69.65
	Men's 200m	Round 1 6/9	21 MAR	SANTOS Marcos Cassange	ANG	-1.1	20.96
	Women's High Jump Heptathlon	Combined	20 MAR	ODILE Ahouanwanou	BEN		1.79
	Mixed 4 x 400m Relay	Round 1 2/2	18 MAR	BOT - BOTSWANA	BOT		3:14.36
		Final	19 MAR	BOT - BOTSWANA	BOT		3:13.99
=NR	Women's 800m	Final	19 MAR	ORATILE Nowe	BOT		2:01.62
NR	Women's 400m	Round 1 2/5	18 MAR	SIBIRI Sita	BUR		53.10
		Semi-Finals 1/3	19 MAR	SIBIRI Sita	BUR		52.13
		Final	20 MAR	SIBIRI Sita	BUR		51.74
		Round 1 3/5	18 MAR	MALESSARA Elodie	CGO		53.96
		Semi-Finals 3/3	19 MAR	MALESSARA Elodie	CGO		53.77
	Men's 4 x 100m Relay	Round 1 1/3	19 MAR	COD - DR CONGO	COD		40.57
	Men's 400m	Round 1 3/6	18 MAR	YOHANNES KIFLEMAR.	ERI		48.24
	Men's 800m	Round 1 2/4	18 MAR	ZAID Fithawi	ERI		1:45.90
	Men's Javelin Throw	Final	22 MAR	OTAGI OGULLA Obang	ETH		73.84
	Women's Shot Put	Final	22 MAR	ZURGA USUMAN Musa	ETH		13.92
=NR	Men's High Jump	Final	22 MAR	DUOP LIM Koung	ETH		2.10
NR	Men's 4 x 100m Relay	Final	20 MAR	GAM - GAMBIA	GAM		39.24
	Men's 10000m	Final	19 MAR	AMPONSAH William	GHA		29:50.99
	Men's Decathlon	Combined	19 MAR	EDWIN KIPMUTAI Too	KEN		7140
	Women's Discus Throw	Final	21 MAR	NYANCHAMA Roseline	KEN		50.90
	Men's 4 x 100m Relay	Final	20 MAR	LBR - LIBERIA	LBR		38.73
	Men's 400m Hurdles	Final	21 MAR	SAAD Hinti	MAR		48.82
	Women's 5000m	Final	18 MAR	KLEIMANN Awa	MLI		17:10.25
	Women's 100m Hurdles	Round 1 2/2	19 MAR	GUAMBE Cecilia	MOZ	-1.8	14.00
=NR	Women's 100m Hurdles	Final	20 MAR	GUAMBE Cecilia	MOZ	-2.1	14.00
NR	Men's Javelin Throw	Final	22 MAR	CHINECHEREM Nnamdi	NGR		82.80
	Mixed 4 x 400m Relay	Final	19 MAR	NGR - NIGERIA	NGR		3:13.26
		Final	19 MAR	RSA - SOUTH AFRICA	RSA		3:18.54
	Women's Triple Jump	Final	19 MAR	ISSAKA Abdou Kerim	TOG	+0.8	13.23
	Women's Javelin Throw	Final	20 MAR	JOSEPHINE JOYCE Lalam	UGA		57.01
	Men's 4 x 400m Relay	Round 1 2/2	21 MAR	ZAM - ZAMBIA	ZAM		3:04.16
		Final	22 MAR	ZAM - ZAMBIA	ZAM		2:59.12
	Women's 4 x 400m Relay	Final	22 MAR	ZAM - ZAMBIA	ZAM		3:31.85